

We are seeking diverse views on a new online platform to help prepare patients before their surgery.

PreActiv is a digital prehabilitation platform helping to prepare and optimise people's health through exercise, nutrition and mental readiness before their surgery to improve their outcomes, reduce their risk of complications and get them home quicker.

We want to hear the views and experiences of people and carers to ensure our platform reflects the need of patients.

Would you like to take part in either a:



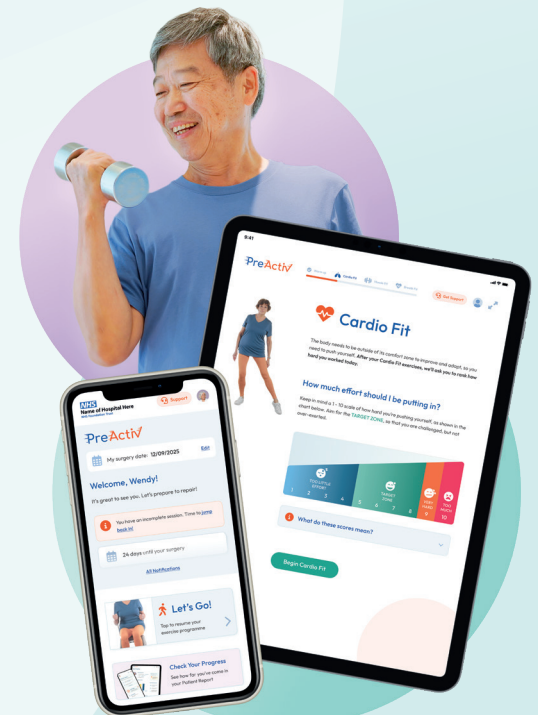
1:1 interview

- Phone or video call
- Up to 1 hour
- £20 thank you payment



Group workshop

- Interactive session with platform demonstrations
- Up to 2 hours
- In person or online
- £40 thank you payment



If you are interested, please contact the team: