

Seeking neurodivergent adults' perspectives on Cystic Fibrosis care

Do you have Cystic Fibrosis (CF) and identify as having Attention Deficit Hyperactivity Disorder (ADHD)?

Do you want to help shape CF care so that it better supports neurodivergent people?

Hi, my name is Tess (she/her) and I am a Trainee Clinical Psychologist.

I am recruiting 3 Experts by Experience to guide national research looking into neurodivergent people's experiences of living with CF. I am interested in understanding the barriers to managing CF and what might help people. I plan on sharing this research nationally alongside the Cystic Fibrosis Trust, with NHS professionals, patients, and carers.



Who can get involved?

- Aged 18+
- Live in the UK
- Speak fluent English
- Able to meet online via videocall
- Have a diagnosis of CF
- Identify as having ADHD (you do not need a diagnosis)
- I especially welcome people from groups that are often under-represented in research, including men and people from diverse ethnic and cultural backgrounds

What's involved?

- No research experience needed – sharing your perspective is what matters. I will talk you through anything that is unfamiliar to you
- Approximately 12 hours of your time spaced over a two-year period
- Meet online for an hour approximately every 3 months starting summer 2026 and ending summer 2028
- Share your views and experiences to support decisions throughout the project
- You will be reimbursed £16 per hour of your time, in accordance with the University of Liverpool's current pay scale
- Anything discussed in meetings will remain confidential
- If you have specific needs, I will work with you to make your involvement flexible, accessible and comfortable

Email tessa.higgs@liverpool.ac.uk to ask any questions, find out more, or express interest.