

Do you have asthma but continue to experience breathlessness despite taking medication?

Take part in an online focus group to help us to design research that aims to test a new treatment to improve the muscular control of breathing.

Full description:

We are designing a research project to help support people with asthma who continue to experience breathlessness despite using medication. The main reason for this breathlessness is that the breathing muscles aren't being coordinated properly. This problem with breathing muscles can exist alongside asthma. To address this problem, we have developed a completely new physiotherapy treatment which enables people to improve the muscular control of breathing.

We want to run a trial to compare our new physiotherapy treatment with an existing NHS treatment. Before applying for funding for this trial, we want to explore motivations and barriers to involvement in this type of research in people with asthma.

What is required:

You will be asked to attend an hour-long focus group to provide your views on our intervention and how we could describe the research in a way that would encourage people to take part. At the start of the meeting, we will provide an overview of the research. We will then ask each participant to provide their perspectives of our research, how we can engage with patients and how we can mitigate against barriers to participation. You will be expected to have your camera on during the meeting and to make a meaningful contribution to discussions.

Please only contact us if you take medication for asthma yet experience breathlessness during everyday activities.

To apply to be part of our advisory group please using the following link: [Expression of interest to refine a physiotherapy based intervention for asthma patients – Fill out form](#)

The focus group will take place online and a member of the research team will be in contact via email if you have been selected to arrange the meeting

Opportunity Deadline:

Applications close on Friday 12th June

Payment:

You will be paid £27.50, for the focus group and as a thank you for your time. This will be paid via electronic back transfer to a UK bank.

Organisation:

This project is being delivered by researchers at the University of Salford who have expertise in asthma.