

Do you have two or more long-term health conditions or are you a family member or carer for somebody who does?

We are planning some research looking at how best to identify people with multiple long-term conditions who might be at higher risk of being admitted to hospital and would like to discuss this with people who have direct experience of having multiple conditions themselves or are family members or carers of people who do.

There are no particular conditions you need to have, just two or more. For example, conditions such as heart disease, stroke, depression, asthma, eczema, fibromyalgia, underactive thyroid, arthritis, diabetes etc.

Who are we looking for and what do we need you to do?

We are looking for people who have two or more long-term conditions or their family members/carers to:

- Attend a single 1.5 hour discussion meeting with up to 5 other people and 1 to 2 researchers from the University of Birmingham
- Talk about their experiences of being seen at their GP's surgery
- Listen to a short presentation on the planned research and give us feedback about it

This event will take place on Microsoft Teams. You won't need to download the Teams app, and if you aren't used to using Teams, we are happy to help you use it.

When would this be?

Several possible dates between Monday 15th June and Thursday 25th June – best option to be decided.

You will be given £41.25 to thank you for your time and valuable input.

If you are interested in taking part:

Please click on this link to fill a short form with some basic details and your availability

<https://forms.office.com/e/ZbnZyXWstL>

If you would prefer to be sent a link to the form by email or have any questions please contact Dr Ellie Hathaway on **e.hathaway@bham.ac.uk**



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