

# Designing Mental Health Support for Children & Young People

## Who can take part?



Are you a young person aged 16-24?

Are you a parent or carer with a child aged 5-15?

Are you a professional working with / supporting children or young people, aged 5 to 24, with mental health issues?

## What's it about?



We are conducting research to explore preferred mental health support for children & young people to help design suitable interventions.

## How do I take part?

Complete a 15 minute survey.

Just follow <https://ehu.ac.uk/7dg> or scan the QR code.

